



Kontak my vir u nuusberigte!

**ALLE NUUSBERIGTE
IS GRATIS!**

*Ek help graag en
wil die nuus deel
met ons lesers!!*

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International FASD Day in Britstown

BRITSTOWN – The FARR Britstown team celebrated International FASD day on the 7th of September.

Ms Meryll Smit (Project Co-ordinator) and Ms Ruenele Boesak (Community worker) started the day off at Theron High School where they addressed 69 Gr 9 learners. Ms Smit shared the International FASD day message and knot description and Ms Boesak presented the "Do You Have 3 Minutes" (DYH3M) talk.

Each learner received a FASD knot to pin to their school uniforms, a DYH3M card to remind them to share the message with their friends and family members, a bottle of water and a lollipop. Attached to the lollipop was a little flyer with the message: "As you eat this lollipop and it gets smaller in size, remember that alcohol during pregnancy can make your child's potential minimize."

After the event at the Theron High School, the FARR Britstown team was joined by Ms Zandile Mahlangu (CLO of De Aar Solar Power). The group then visited the various business's in Britstown where they handed out FASD knots and DYH3M cards, reminding all that "No alcohol is safe any time during pregnancy". Ultimately 121 community members from Britstown participated in the above events and we trust that they shared the experience and the awareness message with their own contacts.

FARR would like to thank the Department of Education for giving permission for us to interact with the learners and educators at Theron High School.

We also want to express our gratitude to Karoo Druppel who donated the water that was provided to the learners. A very special word of thanks goes to De Aar Solar Power for their ongoing sponsorship which enables the FARR project in Britstown. For more information about our work, contact Ms Meryll Smit (Project Co-ordinator) at deaar@farrsa.org.za or 060 562 2503.



Ms Meryll Smit, Ms Ruenele Boesak and Ms Zandile Mahlangu after the awareness in the community.



Ms Ruenele Boesak busy with her DYH3M awareness talk with the Gr. 9's.