

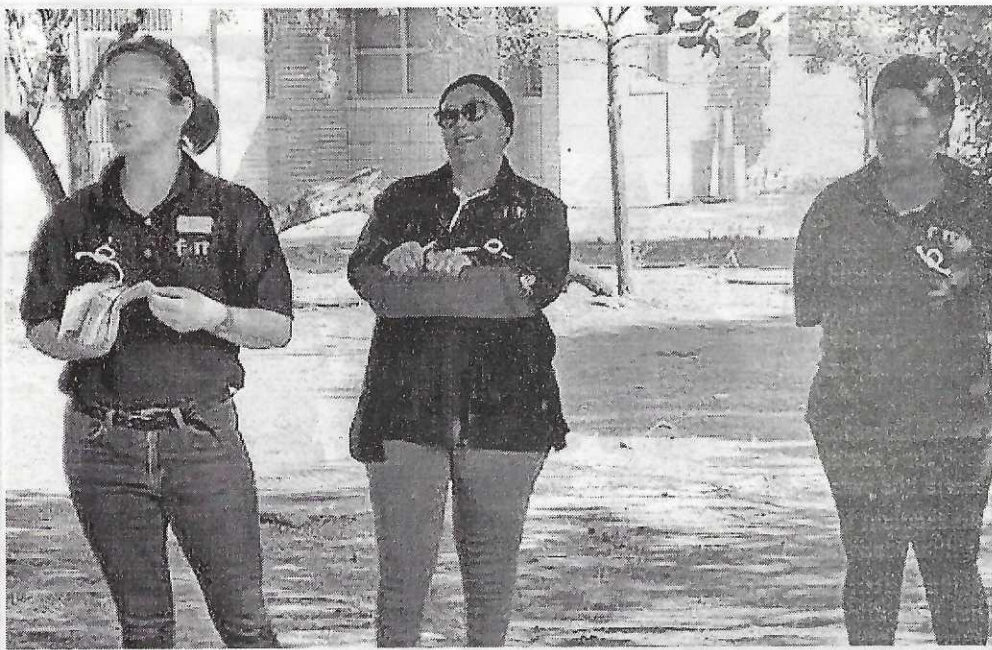
# A JOURNEY OF HOPE TOGETHER

DE AAR – International Fetal Alcohol Spectrum Disorder (FASD) day was commemorated on Friday the 9th of September.

The FARR De Aar team started with their preparations on Tuesday 6 September by going to all the local businesses and handing out FASD knots for Friday, and it was amazing how well the businesses in De Aar supported FARR. When FARR's Project Coordinator, Ms Meryll Smit, arrived at the businesses all of them were excited to receive the knots and eager to participate. Not even one business refused to take part and their enthusiasm was phenomenal. The De Aar team went to SAPS De Aar on Thursday, 8 September and planted a spekboom (porkbush) and did awareness with some of the Police officers, community members and the Community Police Forum (CPF) members. The message of the FASD knot was shared with the attendees and SAPS really put a lot of effort into the event. The FARR De Aar team handed out FASD knots in preparation for the 9th of September and encouraged everyone to participate in the yearly FARR social media drive. After sharing the "Do You Have 3 Minutes?" message the SAPS officers planted the spekboom.

On International FASD day itself on 9 September, the De Aar team took spekbooms to local clinics in De Aar. The clinic staff were excited to take part in planting the trees and sharing the FASD prevention message. The team handed out knots to all the staff members as well as the community members attending at the clinic. The opportunity was again used to share the "Do You Have 3 Minutes" awareness message. The important message that no alcohol is safe at any time during pregnancy, was openly received by everyone at the different clinics. Once again the local businesses supported FARR to the fullest on International FASD day. Every business you walked into wore their FASD knots and many businesses joined the social media drive again. The support from the De Aar local businesses in this regard was phenomenal as always. De Aar truly does stand together with raising awareness against FASD. Every person and business involved did their part and therefore we as the De Aar community can truly continue this journey of hope together.

Thank you to Solar Capital De Aar for their ongoing support. Raising awareness is one of our tools to fight against FASD and it is an absolute pleasure to be able to work in an environment with passion. For any further information please feel free to contact FARR De Aar's Project Coordinator, Ms Meryll Smit at 063 385 1961 or email at [deaar@farrsa.org.za](mailto:deaar@farrsa.org.za).



Ms Meryll Smit busy with the "Do You Have 3 Minutes" awareness talk at SAPS.



The FARR De Aar team at the SAPS on the 8th of September.



The FARR De Aar team with the KE Twani Clinic staff.



The FARR De Aar team with the KE Twani Clinic staff.



The FARR De Aar team with the Montana Clinic staff.

