

Hiermee wil ek [redacted] graag sê dat hierdie program my kind baie gehelp het met die voorstel om my kind te leer lees. Ek het die program baie geniet met al wat hulle met my kinders gedoen het. Dit sal nog baie my kind help so as sy skool toe gaan dan kan sy darem lees dit was baie goed vir my kind sodra sy skool toe gaan dan kan sy lees. Baie dankie vir die tydjie wat julle saam met ons gewees het. Baie dankie aan julle dit was regtig 'n baie goeie opwindende geleentheid vir my kind. Ek waardeer dit opreg daar is niks wat ek kan van kla nie regtig is ~~ek~~ is baie frots op julle wat my kinders kom leer lees het.

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net sê dat ek het baie geleer uit die program  
die dinge wat ek nie eers gewerk het nie  
dis hoekom ek sê ek sal dit weer doen  
as ek die kans kry ek en my mense  
wil weet of daar nie weer so program  
kan hou nie want ek wil ferig weerd  
wees van die program baie dankie  
dat ek kon deel was van die  
program. En die mense het my baie  
gehelp dis hoekom ek se baie dankie  
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## FARR Hanover Project

### Story of Change/Impact

A support session for Grandparents as caregivers was held in October 2021. This session discussed the positive and negative aspects of sending children with special needs, including children diagnosed with severe FASD, to schools specifically adjusted to their needs. For this session, 2 local speakers (parents of children with special needs) were invited to share their stories with the group. Both had sent their children to schools for children with special needs and had valuable insight to give. The Project Coordinator, Ms Lara van der Walt, could tell that this session had a major impact on a number of the women in the group. One of those women was a grandmother in her seventies. This woman cares for two special needs children, one who had been diagnosed by FARR with FASD in 2017. After many emails and phone calls, the Project Coordinator arranged an evaluation session with the Learner Support Specialist for the Department of Education in the Pixley ka Seme district, in De Aar. FARR assisted the Learner and her mother to attend the appointment in De Aar. This Learner has now been assessed and once her evaluation is completed, she will be placed on a waiting list for a school in Kimberley. This is a win for everyone involved!

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Our ECD Facilitator, Ms Anna-Marie Barnard, recruited a young boy into the Knock-Knock Programme. Even though he was 6 years old, past the age cut-off for the programme, The FARR CEO gave special permission for his participation. The ECD Facilitator met the child while she was doing home visits and realised that the family needed assistance. After completing the Knock-Knock Programme, the ECD Facilitator expressed her concern for the child to be referred to the FARR Psychometrist for an assessment, which was subsequently conducted. This child should have completed Grade One this year, but because of his special needs his mother kept him out of school. The Project Team hopes to assist the family further, perhaps by referring him to a special needs school and a report from FARR.

We are hopeful and thankful that we can help improve the lives of desperate community members, especially children, in our communities in this manner.

## Burgersdorp Project

### Story of Change/Impact

Ms Ntombizandile Matyobeni recruited a Healthy Mother Healthy Baby Programme© (HMHB©) Client in September 2021. During their first session Ntombizandile noticed how well informed the Client was about the importance of having a healthy pregnancy as well as the dangers of using alcohol whilst pregnant. Ntombizandile asked the Client where she got all the information, she was exchanging with her, and the Client went into her bedroom and came out with FARR's My Special Booklet. The Client received the FARR booklet from one of her friends who was once part of the HMHB© Programme. My Special Booklet is a workbook that contains information about pregnancy, the booklet gives pregnant women guidelines on all the stages of pregnancy and provides methods of having a healthy and safe pregnancy. It was a pleasure to know that our Clients are also sharing with their friends and relatives the information and material they receive during the course of the Programme, raising more awareness on FASD-prevention. This shows the impact our Programme has, on not only on current Clients, but also on previous Clients and their social circles.

## Renosterberg Project

### Story of Change/Impact

One of the participants that was recruited for the FAStrap© Course in November 2021 in Philipstown, was someone who used alcohol on a daily basis and has always struggled with alcohol use. We were pleasantly surprised when this community member attended this 4-day course in its entirety. After the FAStrap© Course to the Community Worker's surprise the participant stopped using alcohol completely. According to him the FAStrap© course motivated him to change his lifestyle completely.

The International FASD-Day (9 September) awareness event in Petrusville was well attended by community members and stakeholders. A total of 103 participants attended the fun walk to raise awareness. When FARR first started in the Renosterberg area, International FASD Day was just another day, but these days from the middle of August eager community members start to ask what are we going to do for International FASD Day, because it is a day they don't want to miss.

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## Britstown Project

### Story of Change/Impact

Amongst all the welcome baby jersey donations received in Britstown were a pair of woollen bed socks. The Community Worker was unsure of what to do as this were for an adult. While doing door-to-door visits, the Community Worker came across an elderly lady in a wheelchair. This lady was expressing her discomfort for the cold, which gave Eldene the idea to give her the pair of bed socks. The elderly lady was extremely grateful. FARR is privileged to serve the community in a number of ways, especially when it goes above and beyond our targets.

One of the mothers that is currently part of our Healthy Mother Healthy Baby© (HMHB©) Programme has previously been on the Programme in Hanover. She told us that she was very excited to join the Programme in Britstown again with her second pregnancy. She enjoyed the first time and is currently encouraging other pregnant women to enroll. According to her, she learnt a lot of interesting information that she never knew and would love to learn even more during her current pregnancy.



## Upington Project

### Story of Change/Impact

After an article by FARR was published in the Gemsbok Newspaper in March 2022, the Rosedale Central Community Policing Forum reached out to the Upington/ Keimoes Project Coordinator with an invitation to an important Stakeholder Meeting later that month. The aim of the meeting is to partner with Government Departments, NGO's and CBO's to address Socio Economic Challenges leading to crime and finding solutions for it. This will be a platform for FARR to spread more awareness in the Rosedale area in terms of alcohol abuse, which in most cases, leads directly to crime. At the same time, we will spread more awareness about FASD, its causes and the impact thereof among Community members. This is an excellent indication of the impact that the project has. FARR is acknowledged as an important and valuable stakeholder in improving lives in the communities of Upington and Keimoes.