

SA RECORDS HIGHEST NUMBER OF FASD CASES IN THE WORLD

Experts are using World Foetal Alcohol Spectrum Disorder Awareness Day to highlight the dangers of drinking while pregnant.



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[Foetal Alcohol Spectrum Disorder \(http://ewn.co.za/Topic/Foetal-Alcohol-Spectrum-Disorder\)](http://ewn.co.za/Topic/Foetal-Alcohol-Spectrum-Disorder)
[Masa Kekana \(http://ewn.co.za/Contributors/masa-kekana\)](http://ewn.co.za/Contributors/masa-kekana) 1 3 days ago (3 days ago)

[World FASD Awareness Day \(http://ewn.co.za/Topic/World-FASD-Awareness-Day\)](http://ewn.co.za/Topic/World-FASD-Awareness-Day)

JOHANNESBURG - South Africa has the highest level of [Foetal Alcohol Spectrum Disorder \(FASD\)](http://ewn.co.za/2017/05/06/programme-launched-to-reduce-fsad-cases-in-hex-river-valley) in the world, which is around 14 times the global average.

Experts are using World FASD Awareness Day to highlight the dangers of drinking while pregnant.

Obstetrician and gynaecologist Dr Howard Manyonga says the Western Cape and the Eastern Cape have the highest number of cases.

"All the evidence points that any woman who is pregnant must not take any amount of alcohol but I'll go on further to say, if you are planning to get pregnant, you should consider giving up [alcohol] because you don't know when you'll get pregnant."